



TAKE YOUR **2010**

# GAME

TO THE **FALL PROGRAM**  
NEXT LEVEL

# BASKETBALL

**HOUSE LEAGUE**



**BOYS & GIRLS HOUSE LEAGUE SENIOR BOYS LEAGUE  
CO-ED SMALL BALL CO-ED LITTLE LEAGUE**

**BALL HANDLING**

**POST-UP**

**TEAM PLAY**

**SHOOTING & PASSING**

**PICK & ROLL**

**BOX OUT SKILLS & REBOUND**

**BLOCK DEFENSE**

**BUILD CHARACTER**

**FOOTWORK**

**3 DOWN TOWN**

**POINTER**

**STRENGTH & CONDITIONING**

**AND 1**

**EARLY BIRD SPECIAL**

**REGISTER NOW!  
SBABASKETBALL.CA**

# THE SBA HOUSE LEAGUE

IS A RECREATIONAL  
LEAGUE



THAT  
FOCUSES

# ON

# PROGRAMS

FOR  
BOYS &  
GIRLS



AGES  
4  
TO  
17

## COSTS

### Boys & Girls House League \$150

• includes 12 weeks, plus 8 weeks training sessions, game jersey, player photos & awards for all players

### Co-ed Small Ball & Little League \$130

• includes 12 weeks, game jersey, player photos, age appropriate basketballs & awards for all players

### Senior Boys League \$50

• includes 12 weeks and a game jersey

Balls \$10.00 (Cash only)

## HOW TO SIGN UP

### Registration online

[sbabasketball.ca](http://sbabasketball.ca) (Visa, MasterCard)

### Registration on-site

David & Mary Thomson CI

2740 Lawrence Ave. E., Scarborough

Sat. Sept. 11, 2010 10:00 am-12:00 pm

(cheque or cash only - no credit card)

### "New" Registration at Pizza Hut

Each child receives a FREE Personal Pan 1-topping pizza upon registration.

Pizza Hut

592 Ellesmere Rd., Scarborough

Sat. Sept. 18, 2010 12:00 pm-2:00 pm

Once players are assigned to a team, the league offers games held either Saturday morning or afternoon, and teams will receive one weeknight training session. The emphasis of the weeknight training sessions is placed on skill development and team play following Canada Basketball and the Long-Term Athlete Development model (LTDA) guidelines for young player development.

### The objectives of the House League program are to:

- Teach basketball progressively with an emphasis on individual skills and team play.
- Teach the characteristics of learning basketball; build character; develop friendships and having fun.
- Train and develop volunteers to become coaches, referees and convenors.

### The SBA offers Basketball Programs all year round:

We offer programs for boys and girls, 4-17 years old for Fall, Winter and Spring House Leagues, Summer Basketball Camps and Award-winning REP Programs.

## NEW SBA FUN DAY NOVEMBER 6, 2010

New this year at SBA - A full day of fun 3 on 3 tournaments, dribble & jumpshot competitions, parents vs. players, special guests and lots of prizes. Check out [sbabasketball.ca](http://sbabasketball.ca) for more details.

## CO-ED SMALL BALL & LITTLE LEAGUE

Start your kids young. The SBA Small Ball and Little League program starts at 4 years old. Through fun drills and instruction, we will introduce your child to the fundamentals of basketball. Giving her or him emotional support and positive feedback, SBA's goal is to promote cooperative play, teamwork, and good sportsmanship while helping to build gross motor skills.

## SENIOR BOYS LEAGUE

New this year at SBA, we are developing a senior boys league. You may register as an individual, as a small group 2 to 9 players that want to be on the same team, or as a team of 10 or more. The league's aim is to provide a competitive yet safe season of senior boys basketball.

# NEW AT SBA THIS YEAR

## Early Bird Special - Save \$20.00

Register by mail or online by:

**Friday Sept. 10th, 2010**

**Fall Program runs for 12 weeks.**

## Pizza Hut Discount Card

New this year all SBA players will receive on the first day of each program a Discount Card for Pizza Hut.



**201011**  
TITLE SPONSOR



## CO-ED LITTLE LEAGUE Starts Saturday, Sept. 25th - 12 weeks

Program	Age	Day	Location	Time	Max Players	Early Bird	Regular Cost
2006-2004	4-6	Saturday	David & Mary Thomson CI	10:30 am-11:45 am	60	<b>\$110</b>	\$130

## CO-ED SMALL BALL Starts Saturday, Sept. 25th - 12 weeks

Program	Age	Day	Location	Time	Max Players	Early Bird	Regular Cost
2003/2002	7/8	Saturday	David & Mary Thomson CI	9:00 am-10:30 am	60	<b>\$110</b>	\$130

## GIRLS HOUSE LEAGUE Starts Saturday, Sept. 25th - 12 weeks

Program	Age	Day	Location	Time	Max Players	Early Bird	Regular Cost
2001-1999	9-11	Saturday	Sir John A. Macdonald CI	9:00 am-10:30 am	30	<b>\$130</b>	\$150
1998-1995	12-15	Saturday	Sir John A. Macdonald CI	10:30 am-12:00 pm	30	<b>\$130</b>	\$150

## BOYS HOUSE LEAGUE Starts Saturday, Sept. 25th - 12 weeks

Program	Age	Day	Location	Time	Max Players	Early Bird	Regular Cost
Novice (2001)	9	Saturday	David & Mary Thomson CI	11:45 am-1:15 pm	48	<b>\$130</b>	\$150
Atom (2000)	10	Saturday	David & Mary Thomson CI	1:30 pm-3:00 pm	48	<b>\$130</b>	\$150
Major Atom (1999)	11	Saturday	David & Mary Thomson CI	3:00 pm-4:30 pm	48	<b>\$130</b>	\$150
Bantam (1998)	12	Saturday	David & Mary Thomson CI	4:30 pm-6:00 pm	48	<b>\$130</b>	\$150
Major Bantam (1997)	13	Saturday	Wexford Collegiate (Upper Gym)	9:00 am-10:30 am	48	<b>\$130</b>	\$150
Midget (1996)	14	Saturday	Wexford Collegiate (Upper Gym)	10:30 am-12:00 pm	48	<b>\$130</b>	\$150

## "NEW" SENIOR BOYS LEAGUE Starts Friday, Sept. 24th - 12 weeks

Program	Age	Day	Location	Time	Max Players	Early Bird	Regular Cost
1995-1993	15-17	Friday	David & Mary Thomson CI	6:30 pm-8:00 pm	48	—	\$50

**CONVENOR:** Grafton Hope has over 25 years experience as a basketball coach and has been with SBA for over 10 years. He holds a diploma in Recreation and Leisure Services, is a Board certified referee, and has a lifelong dedication to health, fitness and well-being.

## TRAINING SESSIONS Starts Oct. 4th and 6th - 8 weeks

Program	Age	Day	Location	Time	Start date
2001-1999 Boys	9-11	Wednesday	Front Gym - David & Mary Thomson CI	6:30 pm-8:00 pm	Oct 6
1998/1997 Boys	12/13	Wednesday	Front Gym - David & Mary Thomson CI	8:00 pm-9:30 pm	Oct 6
1996 Boys	14	Monday	Front Gym - David & Mary Thomson CI	6:30 pm-8:00 pm	Oct 4
Girls	All Ages	Monday	Sir John A. Macdonald CI	6:30 pm-8:00 pm	Oct 4

**School Locations:** David & Mary Thomson CI 2740 Lawrence Ave. E. Wexford Collegiate 1176 Pharmacy Ave. Sir John A. Macdonald CI 2300 Pharmacy Ave.

**Note:** All times and locations are subject to change. All participants are accepted into the program and begin on the start date unless notified by the SBA.



# 2010 FALL HOUSE LEAGUE

## TO REGISTER

Mail back this Registration Form with payment (Cheque or Money Order) to:

**Scarborough Basketball Association**  
885 Don Mills Rd., Suite 224, Toronto, M3C 1V9

### FAMILY INFORMATION

Family Name \_\_\_\_\_

Parent/Guardian Name (Last name if different from players) \_\_\_\_\_

Apt# \_\_\_\_\_ Street Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

Emergency Person \_\_\_\_\_

Emergency Phone ( ) \_\_\_\_\_

Please select the program you are registering for:

#### Boys House league

2001  1998

2000  1997

1999  1996

#### Girls House league

2001-1999

1998-1995

#### Co-Ed Small Ball

2003/2002

2006-2004

#### Senior Boys League

1995-1993

### PLAYERS INFORMATION (This may be photocopied if space for additional players is needed)

**Player 1: First Name** \_\_\_\_\_

Birthdate: YY/MM/DD Gender: M/F Shirt Size: \_\_\_\_\_

Basketball Experience:

Novice  1 to 2 yrs.  3 to 5 yrs.  REP level

Medical Conditions (Please be specific)

\_\_\_\_\_

**Player 2: First Name** \_\_\_\_\_

Birthdate: YY/MM/DD Gender: M/F Shirt Size: \_\_\_\_\_

Basketball Experience:

Novice  1 to 2 yrs.  3 to 5 yrs.  REP level

Medical Conditions (Please be specific)

\_\_\_\_\_

### WE NEED YOUR HELP

The Scarborough Basketball Association is run by dedicated volunteers. The success of our programs depends on parents stepping forward to assist. If you can help in any way please indicate your preference:

#### I would like to volunteer as a:

- Team Coach
- Assistant Coach
- Referee
- House League Convenor
- House League Sponsor \$200
- REP Team Sponsor \$500 – \$1000

Volunteer Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number ( ) \_\_\_\_\_

### EARLY BIRD SPECIAL - SEPTEMBER 10TH, 2010

To qualify for the Early Bird Special, registration form must be received on or before **September 10th, 2010**

# of Players

\_\_\_\_\_ House League @ \$130 each \$ \_\_\_\_\_

\_\_\_\_\_ Small Ball @ \$110 each \$ \_\_\_\_\_

### REGULAR RATE AFTER SEPTEMBER 10TH, 2010

# of Players

\_\_\_\_\_ House League @ \$150 each \$ \_\_\_\_\_

\_\_\_\_\_ Small Ball @ \$130 each \$ \_\_\_\_\_

\_\_\_\_\_ Senior Boy's League @ \$50 each \$ \_\_\_\_\_

**TOTAL \$** \_\_\_\_\_

We agree to abide by the rules and regulations of the Scarborough Basketball Association. The Association will not be held responsible for any injuries sustained by a player while playing for the Scarborough Basketball Association.

This form must be signed by a parent/guardian if the player is under eighteen years of age.

Signature of Parent/Guardian (Needed for anyone under the age of 18)

\_\_\_\_\_

#### How did you hear about the SBA

Website  Mailing/flyer  Ad

**Cancellation Fee: \$25 NSF Cheque fee: \$25.00**

**NO REFUND after the first week of the program.**

**Note:** Registrations on the first day of the program will be accepted if there is space and on a first come basis. Cash only.